



## Schedule At a Glance

### Tuesday Morning, 18 May 2010

*What are the Challenges?*

- 0800 – 0820 Opening Ceremony
- 0820 – 0830 Welcome
- 0830 – 0840 Opening Remarks
- 0840 – 0900 Preserving the Psychological Health of Your Marines: A Warfighting Issue for Leaders
- 0900 – 0920 A Culture of Psychological Fitness
- 0920 – 0940 A Hero is Re-Born
- 0940 – 1010 Break
- 1010 – 1030 Introduction to Maritime Combat and Operational Stress Control Doctrine
- 1030 – 1050 US Navy Operational Stress Control Program Update
- 1050 – 1110 US Marine Corps Combat and Operational Stress Control Program Update
- 1110 – 1150 Panel Discussion: Stakeholder Champions and Overview of Breakout Tracks

### Tuesday Afternoon, 18 May 2010 - Breakout Sessions for Leadership, Caregivers, Researchers & Families

#### **COSC and OSC Challenges for Leaders**

- 1300 – 1330 Moral Injury: What Leaders Should Know
- 1330 – 1400 Combat Mindset in a Garrison World
- 1400 – 1430 Break
- 1430 – 1500 PH Challenges in Wounded, Ill, & Injured
- 1500 – 1530 The Critical Impact of Military Leadership on Family Resiliency
- 1530 – 1600 Break
- 1600 – 1630 Operational Stress Control: Command Climate Assessment
- 1630 – 1700 Individual Augmentees

#### **COSC and OSC Challenges for Caregivers**

- 1300 – 1330 How Relevant are Evidence-Based Treatments for Civilian Single-Assault PTSD for Combat-PTSD: Reviewing PE, CPT, SS, EMDR, VR
- 1330 – 1400 Virtual Reality Treatment of PTSD
- 1400 – 1430 Break
- 1430 – 1500 Care Giver
- 1500 – 1530 Reintegrating America's Returning Warriors to the Workplace and their Families: The Subtleties of Reintegration
- 1530 – 1600 Break
- 1600 – 1700 Moral Injury: What Caregivers Should Know

#### **COSC and OSC Challenges for Researchers**

- 1300 – 1330 Do Deployment Experience and Mental Health Status Affect Reasons for Leaving Military Service?
- 1330 – 1400 What Factors are Associated with Antisocial Behavior in Marine Combat Veterans?
- 1400 – 1430 Break
- 1430 – 1500 The Impact of Deployment and Marital Status on Mood and Recreational Substance Abuse in Military Members – Results of the DoD Health Behaviors Survey
- 1500 – 1530 From Bench to Battlefield: The Neuroscience of Combat Stress Risk and Resilience
- 1530 – 1600 Break
- 1600 – 1630 Operational Stress in Joint Task Force (JTF) Guantanamo Detainee Operations
- 1630 – 1700 Peritraumatic Behavior Questionnaire (PBQ)

#### **COSC and OSC Challenges for Families**

- 1300 – 1330 Panel of Paralympic Athletes
- 1330 – 1400 Project CAPS: Child Adjustment to Parental Separation
- 1400 – 1430 Break
- 1430 – 1500 Parental Stress, PTSD, and Infant Health Outcomes in US Military Families
- 1500 – 1530 Effects of Brain Injury in the Military on Family and Caregivers
- 1530 – 1600 Break
- 1600 – 1700 FOCUS Data on Challenges of USN & USMC Families



## Schedule At a Glance

### Wednesday Morning, 19 May 2010

#### *Taking Action*

- 0800 – 0810 Welcome
- 0810 – 0910 Combat and Operational Stress First Aid (COSFA): A Tool for Leaders, Caregivers, and Family Members to Promote Recovery
- 0910 – 0930 OSCAR Extenders and Mentors: Enhancing the Role of Marine Leaders
- 0930 – 0950 Awards Ceremony
- 0950 – 1020 Break
- 1020 – 1040 Resilience in the Face of Operational Stress in Today's Navy
- 1040 – 1100 US Navy Chaplains: On the Front Lines of OSC
- 1100 – 1120 The Role of Leaders in Preventing Moral Injury
- 1120 – 1140 Resilience: Current Biological, Psychological, Social and Spiritual Perspectives
- 1140 – 1200 Prevention of Mental Disorders: Current Perspectives

### Wednesday Afternoon, 19 May 2010 – Breakout Sessions for Leadership, Caregivers, Researchers & Families

#### **COSC and OSC Tools and Metrics for Leaders**

- 1300 – 1330 OSCAR Program
- 1330 – 1400 Marine Corps Martial Arts Program
- 1400 – 1430 Break
- 1430 – 1500 Wounded Warrior Program at the Outdoor Odyssey Camp
- 1500 – 1530 Infantry Immersion Trainer
- 1530 – 1600 Break
- 1600 – 1630 Explosive Ordinance Disposal OSC Implementation
- 1630 – 1700 US Olympic Committee Paralympics

#### **COSC and Tools and Metrics for Caregivers**

- 1300 – 1330 NMCSA's C5 Program and its Newest Additions
- 1330 – 1400 Care for Caregivers: Avoiding Vicarious Traumatization
- 1400 – 1430 Break
- 1430 – 1500 Adaptive Disclosure
- 1500 – 1530 Caregiver OSC
- 1530 – 1600 Break
- 1600 – 1700 Residential, Intensive Outpatient Program (IOP), Day Treatment Approaches in Treating PTSD

#### **COSC and Tools and Metrics for Researchers**

- 1300 – 1330 Magnetoencephalography (MEG) and Diffusion Tensor Imaging (DTI) for Differential Diagnosis in mTBI and PTSD
- 1330 – 1400 Behavioral Health of Combat Veterans
- 1400 – 1430 Break
- 1430 – 1500 Resilience: Defining and Measuring the Construct in Military Personnel with the Response to Stressful Experiences Scale (RSES)
- 1500 – 1530 PTSD Comorbidities
- 1530 – 1600 Break
- 1600 – 1700 Marine Resilience Study

#### **COSC and Tools and Metrics for Families**

- 1300 – 1330 Social Security Administration & Wounded Warriors
- 1330 – 1400 DoD Family Advocacy
- 1400 – 1430 Break
- 1430 – 1500 Role of Ombudsman in Navy OSC
- 1500 – 1530 Fleet & Family Services Center
- 1530 – 1600 Break
- 1600 – 1700 FOCUS Program Intervention



## Schedule At a Glance

### Thursday Morning, 20 May 2010

#### *Measuring Results*

- 0800 – 0810** Welcome
- 0810 – 0830** Meeting the Needs of Wounded, Ill and Injured Marines and Sailors
- 0830 – 0850** Defense Centers of Excellence (DCoE): Building Bridges of Collaboration
- 0850 – 0910** National Intrepid Center of Excellence: Advancing Care for Intrepid Fallen Heroes
- 0910 – 0930** Operational Stress Control as an Integral Part of Force Health Protection
- 0930 – 1000** Break
- 1000 – 1020** VA Center of Excellence for Stress & Mental Health (CESAMH): Integrating Research, Education and Clinical Care
- 1020 – 1120** Panel Discussion: Operational Stress Control – The Way Ahead
- 1120 – 1130** Closing Remarks